

## Resources for Moving Mom or Dad\*\*\*

### General Books

- *Antiques Price Guide* by Judith Miller (updated yearly)
- *Moving Mom or Dad: The Stress-Free Guide to Helping Seniors Move* (1998)  
<http://www.ultimatemoves.net/order.html>
- *How to Organize Just About Everything* by Peter Walsh

### Tag and Estate Sales

- *The Complete Guidebook to the Business of Tag and Estate Sales* by Mim Nagy (2002)
- *The Pocket Idiot's Guide to Garage and Yard Sales* by Cathy Perdigo and Sonia Weiss (2003)
- *The Great Garage Sale Book: How to Run a Garage, Tag or Attic, Barn or Yard Sale* by Sylvia Simmons (2000)
- Ebay.com
- Estatesales.net

### Donations

- Justgive.org
- TurboTax ItsDeductible

### Packing Supplies

- PacKing.com

### Vendors/Home Improvements/Handymen

- Angieslist.com

### Moving Companies and Estate Organizers

- Smooth Moooves Senior Relocation Services, wemoveseniors.com
- Exit Stage Right, exitstageright.com
- Door to Door or PODS (self storage containers) doortodoor.com or pods.com
- National Senior Move Managers (nasmm.com)

\*\*\*See pages 247-253 in *Mom Minus Dad: The Essential Resource Guide for Busy Adults with a Newly Widowed Parent* (available on momminusdad.com, amazon.com or barnesandnoble.com) for all the moving resources available with detailed descriptions.

